



Kerry Park Recreation Centre

Girls Softball Clinics

Guidelines during COVID-19

In order to provide the highest level of care and safety, CVRD will follow guidelines set out by WorkSafe BC, Public Health, and BCRPA. We ask that you strictly adhere to the guidelines and directions provided to you.

Prior to attending your session, you must follow through with the following steps:

- Assess your personal risk to ensure that attending a public recreation program is in your best interest. You may seek to ask your health care provider what is right for you.
- Review the provided guidelines for your program or activity (below).
- Register for your program and submit the COVID-19 Assumption of Risk and Permission Form.
- Prior to the start of each session screen yourself to ensure that your attendance to the facility is appropriate.

Screening Questions: Is/has the participant or anyone in your family:

1. Showing signs or symptoms of respiratory infection, such as cough, shortness of breath, or sore throat?
2. Experiencing a fever with a temperature of 38C or higher, or taken any fever reducing medications in the last 12 hours?
3. Experiencing any flu-like symptoms including diarrhea in the last 24 hours?
4. Travelled outside of Canada in the last 14 days?
5. Been in contact with anyone who has displayed symptoms of COVID-19 in the last 14 days?

Entry will be denied if any member of the household is experiencing any of the above. Please discuss any concerns with programs staff or your instructor.

Locations: Shawnigan Hills Athletic Park (Mar 28), Kerry Park Sports Field A (Mar 31, Apr 7)

Arrival/Departure

- Please arrive no earlier than 10 minutes prior to your session.
- Please enter through the main park entrance at Shawnigan Hills and the gate at north end of parking lot that enters directly on to Field A at Kerry Park.
- Masks are recommended for participants and parents/guardians but are not mandatory if 2 m physical distancing can be maintained.
- Only one parent/guardian to accompany participant to session. Siblings and extended family members should not be brought to the facility unless absolutely necessary.
- Coaches to perform a verbal health screening and take attendance. All participants need to sanitize hands when entering the field. Parents not to enter the field.
- Please wear athletic clothing and running shoes or softball cleats.
- Please bring your own water bottle as water fountains are not in use. For the Sunday clinic, please also bring a healthy snack.
- Please bring your own glove if you have one. If not, there will be a few extras that players can borrow for the day.
- Helmets are not required for these clinics.

- No spectators permitted. Preference is for parents/guardians to leave the facility during the session unless they are using public spaces like the washrooms or playground.
- Parents to return to the field entrance 10 minutes before the end of the session to collect their child and exit the facility together.
- All players and coaches to sanitize hands and leave facility right after their session.

During Program

- Sport is currently in Phase Two, which mean no games or scrimmage play is permitted.
- Focus will be on skill building and modified activities that follow 3 m physical distance guidelines.
- All equipment will be sanitized before and after each session.
- There will be the occasional sharing of balls and bats and all shared equipment will be sanitized during session as required. Participants will not share gloves.
- Non-medical masks are not required for participants during clinics but can be worn if so desired.
- Coaches and players to maintain physical distance between themselves.
- Please respect posted program and facility capacities and follow facility signage.
- Minimize the items and surfaces that you must touch.
- Practice appropriate respiratory and hand washing hygiene.
- Washrooms at each complex will be available for use as needed.

Inclement Weather - if facing inclement weather these clinics will be moved indoors to the Kerry Park Curling Rink. If this happens, the above guidelines will still be in effect with a couple additions:

- Please park in the main parking lot at Kerry Park and access the building through the side doors, which will be propped open.
- Because it is an indoor space, masks are required for ages 12 and up and recommended but not required for ages 2 - 11 when entering the facility. Masks can be removed once participating in the clinics if so desired.
- Parents will check in their child at the door but will not enter the curling rink as spectating is not permitted.
- Players need to wear running shoes in the curling rink. No cleats permitted.
- Players will sanitize hands and exit through the side doors when the clinic is over.