



Ice Skating is ongoing - May 16
Roller Skating runs May 21 - July 16

All activities are subject to change due to availability.
 Visit our skate shop for all your rental and skate sharpening needs!

Program	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Daytime Skate			11:00 a.m. - 12:50 p.m. Code: 25297	11:00 a.m. - 12:50 p.m. Code: 25297	11:00 a.m. - 12:50 p.m. Code: 25297	
Public Skate	<i>New</i> Sunday Skate 2:00 - 3:20 p.m. Code: 34441 No session Apr 4	Free Skate 3:30 - 4:50 p.m. Code: 30989				6:30 - 7:50 p.m. Code: 30988 No session Apr 2
Daytime Roller Skating			11:00 a.m. - 1:00 p.m. Code: 34756 May 25 - July 13	11:00 a.m. - 1:00 p.m. Code: 34756 May 26 - July 14	11:00 a.m. - 1:00 p.m. Code: 34756 May 27 - July 15 No session July 1	
Public Roller Skating		Free Roller Skate 3:30 - 5:00 p.m. Code: 34757 May 31 - July 2				6:30 - 8:00 p.m. Code: 34754 May 21 - July 16

Pre-register for all Public Skating and Roller Skating Sessions

All skaters must pre-register for skating sessions. Registration opens 72 hours prior to your selected session. Register online at www.reccowichan.ca, or call the Cowichan Lake Sports Arena. If you rented skates during registration, please bring your receipt as proof of rental. Drop-ins are not permitted. Due to social distancing requirements, a maximum of 45 skaters will be allowed at public skate sessions. Public skating sessions often fill to capacity so it is important that you register early to avoid disappointment. All skaters are asked to review our COVID-19 guidelines for public skating prior to arrival at the arena. View guidelines at www.cvrdb.ca. Spectators are not permitted at this time - parents may assist with skates and then come back later to pick up children.

Admission Fees:

Daytime Skate
 Children 3 - 12 \$2.00
 Adults 13+ \$3.00

Skate Shop
 Skate Rentals \$3.21
 Skate Sharpening \$6.42

Friday Public Skate

Children 3 - 12 \$3.50
 Teens 13 - 18 \$4.00
 Adults 19+ \$5.25
 Seniors 65+ \$4.25
 Family of 4* \$15.00

*Not available online, call
 250.749.6742 ext. 0

Arena Rules:

Please help us maintain a safe environment by following these rules:

1. No food or beverages allowed on the ice.
2. Helmets are recommended but not provided.
3. Respect all skaters on and off the ice.
4. Alcohol is not permitted without a permit.