Shawnigan Lake Community Centre

Babysitter Training

Guidelines during COVID-19

In order to provide the highest level of care and safety, CVRD will follow guidelines set out by WorkSafe BC, Public Health, and BCRPA. We ask that you strictly adhere to the guidelines and directions provided to you.

Prior to attending your session you must follow through with the following steps.

- ☐ Assess your personal risk to ensure that attending a public recreation program is in your best interest. You may seek to ask your health care provider what is right for you.
- ☐ Review the provided guidelines for your program or activity (below).
- ☐ Register for your program and submit the COVID-19 Assumption of Risk and Permission Form.
- ☐ Prior to the start of each session screen yourself to ensure that your attendance to the facility is appropriate.

Screening Questions: Is/has the participant or anyone in your family:

1. Showing signs or symptoms of respiratory infection, such as cough, shortness of breath, or sore throat?
2. Experiencing a fever with a temperature of 38C or higher, or taken any fever reducing medications in the last 12 hours?
3. Experiencing any flu-like symptoms including diarrhea in the last 24 hours?
4. Travelled outside of Canada in the last 14 days?
5. Been in contact with anyone who has displayed symptoms of COVID-19 in the last 14 days?

Entry will be denied, if any member of the household is experiencing any of the above, please discuss any concerns with programs staff or your instructor.

Shawnigan Lake Community Centre Arrival/Departure

- Masks are mandatory in all common areas within our facilities, including when you are entering and exiting the facility and using the washroom.
- Masks required for ages 12 and up
- Masks recommended for ages 2 - 11
- Enter through the main front doors, sanitize or wash your hands and proceed directly to the Lounge.
- Following your class, sanitize or proceed to the washroom and wash your hands, exit the building via the loading zone doors beside the Multipurpose Room.
- While signing in participants, instructor will confirm verbal screening questions

Program Guidelines

- Please wear a mask, they are mandatory for class.
- There will be no sharing of personal belongings, or water bottles.
- There will be frequent hand washing or hand sanitization between every transition in the class.
- Each participant has been asked to bring a large doll or stuffed animal for hands on training use during the class.
- There will be no participant to participant skill practicing.
- There will be no instructor to participant skill practicing or instruction.
- Bring your own water bottle as water fountains are not allowed to be used.
- Please bring a lunch and snacks as class runs 9:30 – 5:30. Lunch and breaks will take place within the classroom, or outside. The lobby will not be used.
- Please bring minimal personal belongings with you.
- The Lobby waiting area is currently closed.
- Arrive only a few minutes prior to your session.
- Only program participants may enter the Lounge
- Follow all posted directional and instructional signage.
- It is expected that instructors and participants will only access parts of the building required for their permitted activities and will do so via the access points described (unless obstructed).
- Respect posted program and facility capacities.
- Maintain physical distance between yourself and others.
- Minimize the items and surfaces that you must touch.
- Practice appropriate respiratory and hand washing hygiene.