



Kerry Park Recreation Centre

Bike Rodeo

Guidelines During COVID-19

In order to provide the highest level of care and safety, CVRD will follow guidelines set out by WorkSafe BC, Public Health, and BCRPA. We ask that you strictly adhere to the guidelines and directions provided to you.

Prior to attending your program, you must follow through with the following steps:

- ☐ Assess your personal risk to ensure that attending a public recreation program is in your best interest. You may seek to ask your health care provider what is right for you.
- ☐ Review the provided guidelines for your program or activity (below).
- ☐ Register for your program and submit the COVID-19 Assumption of Risk and Permission Form online or over the phone.
- ☐ Prior to the start of each session screen yourself to ensure that your attendance to the facility is appropriate.

Screening Questions: Is/has the participant or anyone in your family:

1. Showing signs or symptoms of respiratory infection, such as cough, shortness of breath, or sore throat?
2. Experiencing a fever with a temperature of 38C or higher, or taken any fever reducing medications in the last 12 hours?
3. Experiencing any flu-like symptoms including diarrhea in the last 24 hours?
4. Travelled outside of Canada in the last 14 days?
5. Been in contact with anyone who has displayed symptoms of COVID-19 in the last 14 days?

Entry will be denied if any member of the household is experiencing any of the above. Please discuss any concerns with programs staff or your instructor.

Location: Kerry Park Recreation Centre – Curling Lounge and Dry Floor

Arrival/Departure

- Please arrive no earlier than 10 minutes prior to your session.
- Please sign in with Kerry Park staff.
- KPRC Staff to perform a verbal health screening and take attendance. Participants that do not pass the screening will be asked to leave facility.
- Masks are required for parents/guardians and children 12 and over.
- Masks are not required while engaged in active biking activities.
- Only one parent/guardian to accompany participant to session (only registered siblings may attend).
- One parent/guardian may enter indoor activity to help participant as needed.
- All participants must sanitize hands when entering the event area.
- Please bring your own water bottle as water fountains are not in use.
- All participants and coaches to sanitize hands and leave facility right after their session.

During Program

- Parents/guardians may not leave child unattended at event.
- Parents/guardians must either be helping a participant or seated in designated chair (to comply with events and gatherings order)
- Masks are not required for participants while engaged in biking activity.
- Participants should not share or trade bikes, or protective equipment.
- All participants must sanitize hands before engaging in any crafting activity or other activities where use of shared items is required.
- Activity stations will have a posted maximum number of participants that can participate at one time. Additional participants may wait or enjoy another activity.
- Participants should be conscientious of others waiting for a turn to try an activity.
- Please respect posted program and facility capacities and follow facility signage.
- Practice appropriate respiratory and hand washing hygiene.
- There are no facilities for changing at Kerry Park Recreation Centre at this time.