

Shawnigan Lake Community Centre

Kayaking Camp

Guidelines during COVID-19

In order to provide the highest level of care and safety, CVRD will follow guidelines set out by WorkSafe BC, Public Health, and BCRPA. We ask that you strictly adhere to the guidelines and directions provided to you.

Prior to attending your session you must follow through with the following steps.

- Assess your personal risk to ensure that attending a public recreation program is in your best interest. You may seek to ask your health care provider what is right for you.
- Review the provided guidelines for your program or activity (below).
- Register for your program and submit the COVID-19 Assumption of Risk and Permission Form.
- Prior to the start of each session screen yourself to ensure that your attendance to the facility is appropriate.

Screening Questions: Is/has the participant or anyone in your family:

- 1. Showing signs or symptoms of respiratory infection, such as cough, shortness of breath, or sore throat?
- 2. Experiencing a fever with a temperature of 38C or higher, or taken any fever reducing medications in the last 12 hours?
- 3. Experiencing any flu-like symptoms including diarrhea in the last 24 hours?
- 4. Travelled outside of Canada in the last 14 days?
- 5. Been in contact with anyone who has displayed symptoms of COVID-19 in the last 14 days?

Entry will be denied, if any member of the household is experiencing any of the above, please discuss any concerns with programs staff or your instructor.

Arrival/Departure locations are Shawnigan Lake Government Wharf and Mill Bay Marina

- Participants may, at their parents' discretion, bring a face mask with them to the program each day to wear during activities where social distancing will be difficult to maintain. For safety reasons, masks will not be allowed while the participants are on or in the water.
- At the Offsite location safe entrance will be conducted with the help of parents and campers. The drop off location of the camp is the same outdoor location where the camp will be conducted.
- Parents dropping off their kids will be met by camp instructors at the drop off point beside the trailer of Kayaks.
- While signing in participants, instructor will confirm verbal screening questions

Program Guidelines

- We will be using the Shawnigan Lake Government Wharf Lake Access for the first part of the week and we will be operating out of Mill Bay for the latter part of the week.
- We will need the parents to drop off and pick up directly to the Government Wharf for the first part of the program and at our location in Mill Bay for the other part (specific location will be determined later this week.
- Campers will be outside for the entire duration of the camp, sign in and sign out will take place at the location and participants will be using the outhouse in Shawnigan Wharf Park and using the hand sanitizer provided by staff.
- Equipment will be sanitized by camp instructors after each day use: this includes paddles, life jackets, kayaks, throw bags and water pumps.
- There will be multiple designated times during the camp for campers to use the facilities, and Instructors will set up a sanitizing station after each use, as well as multiple other periods of the day, including before campers break for lunch. A similar arrangement will be set up for the location in Mill Bay.
- Maintain physical distance between yourself and others. Minimize the items and surfaces that you must touch.
- Please bring your own water bottle as water fountains are not in use.