



South Cowichan Recreation

Parent Guidelines for Day Camps

The CVRD has been taking a staged approach in restoring services. The timing of each stage and the restoration of individual programs and services are ever-evolving as the BC Restart Plan rolls out. A number of health and safety measures have been put in place since March 2020, and as we work through easing restrictions, we ask users to take into consideration the following:

Self-screening prior to entering a facility or attending a program is required. If you are not feeling well, please stay home and do not attend.

Screening Questions: Is/has the participant or anyone in your family:

1. Showing signs or symptoms of respiratory infection, such as cough, shortness of breath, or sore throat?
2. Experiencing a fever with a temperature of 38C or higher, or taken any fever reducing medications in the last 12 hours?
3. Experiencing any flu-like symptoms in the last 24 hours?
4. Travelled outside of Canada in the last 14 days?
5. Been in contact with anyone who has displayed symptoms of COVID-19 in the last 14 days?

Attendance Prerequisite: In order to minimize physical contact between children and staff, it is imperative that your child is responsible enough to adhere to these guidelines in order to attend. We ask that parents discuss these guidelines with their child prior to attending camp.

- Mask use will follow current Provincial Health Orders when visiting our indoor facilities. Please send your child with their preferred mask.
- Staff and Parent/Guardian to maintain physical distance while dropping off and picking up your child.
- Staff will encourage increased handwashing for both themselves and children. Handwashing will occur upon arrival and before departure, before and after eating and drinking, after using the toilet, before and after playing outside or using a play structure, after sneezing or coughing, and whenever their hands are visibly dirty.
- Understandably, physical distancing is challenging in a childcare/camp setting, the focus in childcare settings is to minimize physical contact.
- No outside items/toys from home will be allowed in the facility.
- Lunch/snacks - it is your responsibility to provide your child with enough food and water to get them through the day. Food sharing is not allowed. Water fill stations are open, but water fountains are not currently available. Please note our day camps are peanut-free and nut-free.
- First Aid situations typically require close contact. If a First Aid situation should arise, staff will be wearing a mask and gloves to ensure your child's needs are met, while protecting both parties.
- If a child displays any symptoms of illness while in camp, they will be expected to leave immediately. It is important that you, or an emergency contact, is available to come right away if contacted.
- All areas of the facility that are used by camps will be cleaned and disinfected daily utilizing approved cleaners.