# **Cowichan Region Safety Lens**

A project of the Cowichan Valley Regional District Community Safety Advisory Committee 2008



## **About the Community Safety Advisory Committee (CSAC)**

Formed in 2003, the Community Safety Advisory Committee (CSAC) is charged with the mandate of advising the Cowichan Valley Regional District (CVRD) on safety issues of regional, intermunicipal, and inter-agency importance

The Committee also serves as a forum for multi sectoral discussion where local government, community groups, and residents can work together. The committee has a leading role in providing advice and support to *safer communities* initiatives across the Region.



Prepared for the CSAC Committee
By Safer Futures 'Making the Links' Project Team
CWAV Society
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# A Community Safety Lens for the Cowichan Region

#### Introduction

Personal and public safety is an essential part of community living. A safe community is a place where all citizens can live, work and play safely <u>and</u> without fear of harm. It is one where all citizens have meaningful opportunities to participate in all environments, including decision-making processes.

Community safety is different for different people. There are significant differences depending on age, gender, abilities, race/ethnicity, income and/or sexual orientation. Safety is dependent upon a combination of factors including:

- Well designed, accessible physical environments
- Adequate physical infrastructure (e.g., housing, transportation, parks and open space)
- Social infrastructure (e.g., neighbourhood networks, recreation, adequate and accessible community support systems such as childcare, family programs, counselling, etc.)

### **Purpose**

The purpose of the Community Safety Lens is to provide elected officials, planners and developers with a tool to assess community safety factors for proposed developments. It will include attention to use of land, design of buildings, and the provision of physical as well as social infrastructure.

The Lens will offer a series of steps and questions to provide considerations for enhancing safety and social well-being of potential residents and users. It will also include direction for citizen engagement to ensure that adequate consultation with key population groups is achieved.

A community safety lens is intended to complement holistic planning and assessment; however, it should not suggest a grading of a development for approval. It is a tool that can help to augment the planning process by providing a range of topics and items that may be included in a review process.

The Cowichan Region is very diverse in terms of its physical geography, demographics and economy. Each development will present unique questions and considerations, and should be assessed in its particular context.

# Goals for a Safe Community

- A safe community is one where we feel safe in our home, at work, and out in public, day or night.
- In a safe community, no one is assaulted, abused, or otherwise harmed by family members, friends or strangers. Work places are free from violence and harassment.
- A safe community can be measured by the experiences of its most vulnerable citizens.
- A safe community contains quality services (youth programs, daycare, training) and well-designed infrastructure (safe buildings, public spaces, transit and streets).
- In a safe community, everyone has access to housing that is adequate and affordable. Everyone lives in neighbourhoods where they feel able to freely walk around and play outside.
- A safe community is accessible by all of its citizens – regardless of physical and intellectual ability.
- In a safe community, diversity is valued and there is no racism or discrimination.



## How will a Safety Lens be used?

The lens provides a 'way of looking' at a broad range of procedures that exist in community planning and development. While the safety lens provides a framework, its practical application is unique to the situation at hand. For example, in an application for rezoning, the safety lens can be applied by inserting a step that polls the community. Other examples include forums, safety audits, notices, worksheets, or checklists that can inform decisions and outcomes. Local governments currently use many of these tools.

What steps or tools should be included?

Implementation of the safety lens involves a close look at procedures applications and processes from the perspective of different departments in local government. In engaging with the safety lens, each department looks at how safety is considered and what tools are currently being used or should be developed.

Does this enhance safety?

How is safety considered

here?

Fill in the blanks: A Community Safety Matrix for Local Government

Department	Procedure, application or process	How is the safety lens applied?	What tools are used or need to be developed?

## Safer Community Planning: Key Elements

Safer Community Planning encourages considerations for personal and public safety, accessibility, affordability and overall quality of life for all people.

However, it is important to note that people are not the same, and it is important to consider not only the locational context of a development, but also the existing and potential needs of the diversity of people. These needs will differ depending on many factors such as age, gender, income, race/ethnicity, and abilities.

The Community Safety Lens presents three sets of considerations:

#### 1. Community Involvement

The key to ensuring consideration of a diverse range of needs is <u>meaningful involvement</u> from citizens, especially those who are the most vulnerable, and bringing together a range of expertise and resources.

Infrastructure is generally conceived as 'hard' infrastructure such as primary roads and water treatment plants. More recently there has been a great deal of interest and discussion about 'soft' infrastructure like hospitals, community and recreational facilities, public spaces, social housing, volunteer networks and community based agencies....

This is because such infrastructure increases social cohesion in urban cores, resulting in stronger municipal and national economies.

(City of Ottawa. Social Infrastructure Project. At <a href="http://ottawa.ca/residents/housing/infrastructure/index\_en.html">http://ottawa.ca/residents/housing/infrastructure/index\_en.html</a>

#### 2. Physical Infrastructure

A community safety lens looks at the <u>physical environment</u> to ensure attention to provision of adequate <u>infrastructure</u> and <u>design</u> of buildings and public spaces to make them accessible, offer safety and security, and minimize risks to users.

#### 3. Community / Social Infrastructure

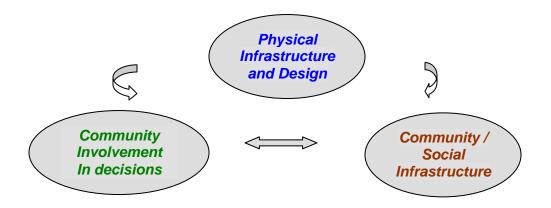
It also addresses <u>community and social infrastructure</u> to ensure that neighbourhoods and communities offer adequate programs, supports and services to provide people with essential, accessible opportunities for a good quality of life.<sup>1</sup>



<sup>&</sup>lt;sup>1</sup> These elements are important to address the root causes of crime, which are the factors that put individuals at risk of being victimized or engaging in offending. (These factors are numerous and inter-connected and include poverty, substance misuse, lack of family supports, affordable recreation opportunities, family programs, adequate, affordable housing and transportation.)

#### Safer Communities Checklist

The following pages provide questions for consideration on each of these topics. The checklist is augmented by a series of fact sheets that contain more detailed information on each component, as well as further resources for reference.



# COMMUNITY INVOLVEMENT

Seniors Youth Children/Families Women People living with disabilities First Nations Immigrant and intercultural communities Resident groups Community groups Faith organizations Health **School Districts RCMP** 

#### PHYSICAL INFRASTRUCTURE AND DESIGN

Housing mix
Transportation links
Access to open space,
parks
Pedestrian access,
pathways, sidewalks
Safe parking
Public telephones
Signage
Building Design
and Management
Land use

#### COMMUNITY / SOCIAL INFRASTRUCTURE

Adequate community services
Affordable / supportive housing
Accessible community spaces
Opportunities for
Employment, training and education
Transit
Recreation programs
Neighbourhood building
Community engagement

# COMMUNITY INVOLVEMENT

Seniors

Youth

Children/Families Women

People living with disabilities

**First Nations** 

Immigrant and intercultural communities

**Resident groups** 

**Community groups** 

**Faith organizations** 

Health

**School Districts** 

**RCMP** 

### **COMMUNITY INVOLVEMENT** (See Fact Sheet #1)

It is important to ensure inclusion of the perspective of various groups, and especially those who are vulnerable to victimization. This involves providing for meaningful inclusion of all groups in the planning and design process to ensure that key issues and needs have been included from the beginning.

- Who are the intended users of the planned development?
   Are there other potential users who should be considered?
- Who has been involved in the planning and design process?
   Who else should be involved?
- Have the issues and needs of key population groups, and particularly those who are the most vulnerable, been identified and addressed to the best of our ability?
- Tips for fostering involvement in public processes:
  - Engage with key community agencies and organizations for input and/or committee involvement (refer to Appendix A Resource list).
  - ✓ Ask how these agencies can assist in directly involving the people they serve. For example, they may be able to arrange a focus group of clients who can provide input.
  - ✓ Provide incentives and assistance, and plan meetings and consultations with safety and accessibility in mind. Providing food at meetings and transportation subsidies for example, will help individuals living in low income situations to participate. One way to do this is to provide honorariums to non-profits.
  - ✓ Hold public meetings in varied and informal locations. For example, meeting halls, churches, and school gyms are being used more and more for public events. There are also some creative ways to attract people who normally do not attend formal events. A good possibility is to hold events in local parks, food banks, the mall or other places people gather.
  - ✓ Conduct informal focus groups and interviews. Engage facilitators who are familiar with the issues and the people.
  - ✓ If you are using surveys, ask for assistance from community organizations around design, language, translation, and distribution. Mailed surveys can leave out those who are living with others or who don't have an address. Think about people whose first language is not English, and about people with

Cowichan Region Safety Lens, July 2008

hearing and visual impairments.

#### PHYSICAL INFRASTRUCTURE AND DESIGN

#### **Housing mix**

# **Transportation links**

# Access to open space, parks

# Pedestrian access, pathways, sidewalks

## Safe parking

#### **Public telephones**

## **Signage**

# **Building Design** and Management

#### PHYSICAL INFRASTRUCTURE AND DESIGN

#### (See Fact Sheet #2)

Provide for consideration of a range of factors in development planning. Include a variety of perspectives in determining if needs have been met.

#### **Housing mix**

- How does the plan contribute to overall goals for provision of safe, accessible, affordable living? For example, does the plan preserve or enhance existing affordable housing stock? Does it invite participation from community service organizations?
- How does the plan consider linkages to affordable transportation, recreation, and the range of community services for the people who will live there?

#### Open space, parks and recreation opportunities

- How does the plan address needs for accessible, affordable recreation and leisure opportunities?
- How does the plan address the recreational needs of residents who are reliant on pedestrian travel?

#### Adequate transportation links

• Is the area served by public transportation? If so, does transit meet the needs of present and proposed users? Can new transit links be developed? If not, what other assistance is available?

#### Pedestrian access, pathways, links

- What pedestrian pathways are provided and are these designed to meet the needs of all potential users?
- Are sidewalks adequately designed to accommodate scooters and wheelchairs (e.g., appropriate width, curb cuts, no obstruction)?

#### Safe parking

- Does the plan provide for safe design of parking areas?
- Does the plan provide for management policies to ensure safety of residents and patrons (e.g., safe walk to car programs)?

#### **Public telephones**

Are there existing public telephone services in the area?

Does the plan provide for new emergency telephone access?

#### Signage

Does the plan include provisions for directional and other information?

# COMMUNITY / SOCIAL

Does the plan consider people who may not be familiar with an area and for people who do not speak English, have a disability or are visually impaired?

# **INFRASTRUCTURE**

## PHYSICAL INFRASTRUCTURE: SITE AND BUILDING **DESIGN** (Refer to Fact Sheet #3)

**Adequate** community services

Has the plan undergone a safe communities review? Has the plan undergone a CPTED review?<sup>2</sup>

# Affordable /

#### COMMUNITY / SOCIAL INFRASTRUCTURE

supportive housing

(Refer to Fact sheet #4)

Accessible community spaces Consider how a planned development may increase local needs for community services and programs. Consider how the development can contribute to building stronger neighbourhood connections and supports.

#### **Opportunities for Employment**, training and education

#### **Neighbourhood / Community services and programs**

- Make sure an inventory been done to determine the supply and adequacy of localized services, including: o personal and family support programs
  - parenting programs
  - children's programming
  - o youth counselling, youth outreach, youth centres
  - o quality, affordable child care
  - food security programs
  - o cultural and diversity programs
  - substance abuse programs

subsidies and assistance available?

- seniors supports
- o employment/income, education and training opportunities
- o no or low cost recreation programs

#### **Transit**

Are services linked to transportation systems and/or are there

Recreation programs

> How can the planned development or proposal contribute to enhancing community services?

Neighbourhood building

Community engagement

#### Affordable housing and community spaces

Does planned development respond to known needs for affordable or social housing?

Environmental Design) is a safety review process conducted through Community Policing to assess measures prevention or online. http://www.rcmp-grc.gc.ca/ccaps/safecomm\_e.htm

• Does planned development consider provision of accessible, affordable community spaces and facilities for recreation, localized services, neighbourhood groups, etc.?

#### **Neighbourhood building**

- Are there existing neighbourhood resident or tenant groups in the area?
- What kind of ongoing neighbourhood building can take place to
  - foster involvement and cohesion? For example, is there a way neighbourhoods communicate with each other?
  - Are there accessible, informal, friendly gathering and meeting spaces available?
  - Are there ways to provide resources for community building events?

# COWICHAN REGION COMMUNITY SAFETY LENS FACT SHEET #1:

BUILDING STRONG NEIGHBOURHOODS - CITIZEN ENGAGEMENT AS KEY

"Children do well when their families do well, and families do better when they live in supportive neighbourhoods."<sup>3</sup>

Building strong neighbourhoods requires creating healthy, safe, accessible living environments. We must go beyond bricks and mortar to improve opportunities for choices and better outcomes for individuals and families through:

- creating diverse, mixed-income, mixed-use neighbourhoods that provide supportive environments for vulnerable families
- ensuring that children and families can connect to opportunities that promote healthy lifestyles, and help them succeed and be self-sufficient, and
- strengthening neighbourhood engagement and participation in local decisions.

It is important to consider 1) how growth and development may affect all citizens, and 2) how development might work to enhance opportunities for people experiencing challenges to safety and overall quality of life.

#### COMMUNITY INVOLVEMENT AS KEY

Community involvement in decisions about development is key. Citizen involvement is crucial for building and maintaining strong communities.

It is important to remember that Cowichan is geographically and demographically diverse, and there are significant differences in population makeup, individual and family well being, as well as crime and victimization across areas.

Some individuals or groups are more vulnerable and isolated, requiring more localized or individualized efforts to reach out to them and more support and encouragement to participate and then stay involved.

There are numerous barriers to participation to consider. For example, women "... expressed higher levels of fear than men when walking alone after dark (16% versus 6%)." <sup>4</sup> Timing and structure of public meetings, formal language and jargon, issues around child-care and transportation, and accessibility issues (e.g. cultural, physical, language) can make participation difficult, or an intimidating prospect for many people.

The diagram below provides a list of community members to involve in decisions about development, as well as the linkages to key sectors of the community. It is helpful to consider

<sup>&</sup>lt;sup>3</sup> Margery Austin Turner and Deborah R Kay. 2006. How Does Family Well Being Vary Across Different Types of Neighbourhoods? Washington DC: The Urban Institute. Annie E Casey Foundation. 2006. Ties That Bind: the practice of social networks. Author: Maryland.

<sup>&</sup>lt;sup>4</sup> Statistics Canada. 2004. General Social Survey 2004.

how growth and development affects different groups living in a particular neighbourhood, how each sector may be involved, and how each and all might contribute.

RESIDENT GROUPS TO INCLUDE	SECTORS TO INCLUDE	
Youth Seniors Women/Children/Families People living with disabilities People living with low incomes First Nations Intercultural and immigrant communities	Residents Business Community Organizations Institutions: Faith Schools RCMP Health Recreation Local Government	

#### **GATHERING DIVERSE INPUT**

- Contact a range of community agencies and organizations for input and committee involvement (see Resource list).
- Ask how they can assist in directly involving the people they work with. For example, they may be able to arrange a focus group of clients who can provide input.
- Provide incentives and assistance, and plan meetings and consultations with safety and accessibility in mind. Providing food and transportation subsidies for example, will help individuals living in low-income situations to participate. Providing honorariums to nonprofits can also support participation.
- Hold meetings in varied and informal locations. Meeting halls, churches, school gyms are good options. Consider other creative avenues.... Such as holding events in local parks, food banks, local cafés or businesses, the mall, etc.
- Conduct informal focus groups and interviews. Engage facilitators who are familiar with the issues and people.
- If you are using surveys, ask for assistance from community organizations around design, language, translation, and distribution. Written surveys only go to households and can leave out those who are living with others or don't have a home. If they are in English, they may leave out people who speak different languages. Also, think about people with hearing and visual impairments.

#### **COMMUNITY SAFETY LENS FACT SHEET #2**

PHYSICAL INFRASTRUCTURE: LAYING THE FOUNDATION

The physical environment literally provides the foundation for safe and healthy communities. Planning and development processes can support the safety and well-being of citizens by considering how new and existing developments can promote better and more affordable housing, public transportation, pedestrian pathways, community and social services, recreation, education and employment.

Each of the topics in this summary is a full and complex area of study. This summary is a quick reference to raise awareness of how each relates to community safety, and is designed to prompt questions when considering new development or re-development. It is recognized that in any given situation, not all of the questions will be relevant or feasible to address. The purpose is to provide a spectrum of considerations, and, where appropriate, to apply them to a given proposal.

#### HOUSING

In the Cowichan Region, access to safe, secure and affordable housing is an important need for future planning that is being addressed at the regional level. On the development side, it is also critical to link goals and plans for housing and specific housing types to public transportation systems and pedestrian linkages, to affordable recreational opportunities and important community services.

In addition, planned housing can consider needs for neighbourhood gathering space and family programming on site, and invite partnerships with community organizations in provision of services and recreation programs.

#### ACCESS TO OPEN SPACE, PARKS AND RECREATION OPPORTUNITIES

Recreation and access to open space that is safe, accessible, and affordable is a necessary element for a safe community. Parks and open space are critical to the health and well being of children, families, youth and seniors, and to the ability of neighbours to gather and socialize. Parks and open space need to be well considered and well managed to meet the needs of residents and visitors of all ages, abilities and cultures. They need to address the needs of residents who rely on pedestrian travel and who live in low-income situations.

#### ADEQUATE TRANSPORTATION LINKS

Adequate transportation is important to ensure that all members of a neighborhood can participate fully in their community and access the services they need for daily life. It is important to also identify how public transit is accessible to residents within the neighborhood and the frequency in which transit is available.

#### PEDESTRIAN ACCESS, PATHWAYS, LINKS

Sidewalks are more than curbs to channel pedestrians. They are necessary transportation links for people who might not have access to a vehicle. They are an avenue of safety away from traffic, and pathways for scooters and wheelchairs. Sidewalks can determine the ability of people to obtain food, attend a doctor's appointment or get to work. As such, they are an integral part of a transportation plan.

Pedestrian pathways should be designed to adequately accommodate wheelchairs and scooters, with adequate curb cuts, no obstructions and sufficient lighting. It is important to assess the adequacy of pathways through a site audit.

#### SAFE PARKING

Parking presents concerns in terms of location and design in both open lots and enclosed areas (see design checklist). For example, nationally, about one half of women do not use public transportation or parking garages due to concerns for their safety. This does not necessarily mean avoidance of parking garages. Rather, it points to the need for design of parking areas with safety and security in mind. Safe parking can also be achieved through management policies and safe walk-to-car programs.

#### PUBLIC TELEPHONES

Public telephones are becoming an often-overlooked aspect of safe design. Public telephones can come with significant challenges relating to public safety; for example, they are often vandalized and used inappropriately. However, many people do not have access to either landline or cell phone, and for some people, public telephones may be their only choice. Further, public telephones can provide important emergency access in a public place. It is also possible to mitigate problems with adequate pre-planning. A development plan should include a review of location of public phones and if needed, provide for new locations.

#### **SIGNAGE**

Signage is necessary for people to know where they are and where they are going. It can also provide essential information about accessing emergency services or public facilities, and can send messages about an area's ownership, intended use, and hazards.

It is important to consider people who may not be familiar with an area and people who do not speak English, have a disability or are visually impaired. (See design checklist)

## **COWICHAN REGION COMMUNITY SAFETY LENS FACT SHEET #3:**

PHYSICAL INFRASTRUCTURE: SITE AND BUILDING DESIGN

Our streets, buildings, parks and commercial areas can be designed to promote ease of use (accessibility) and minimize risk, especially for those who are the most vulnerable to crime and victimization.

This summary has been prepared as a quick reference to prompt questions about safety when considering development proposals and their design. In any given situation, not all of the questions will be relevant or feasible to address. The purpose is to provide a spectrum of considerations, and, where appropriate, to apply them to a given proposal.

#### **OVERALL DESIGN AND LAYOUT**

General design and layout of an area needs to be clear for people to know where they are and what direction they need to go to reach their destination. An unclear layout can create confusion as to direction; problems can also be compounded by lack of adequate signage, isolation, poor lighting, etc.

- Is it easy for someone who is not familiar with the area to find his or her way around?
- Is there adequate signage and other information that tells people where they are and how to find services, who to call in an emergency?
- Are buildings, sidewalks, pathways, streets and crossing areas well placed and accessible, particularly for people with disabilities? How has this been determined?

#### **SAFE ENTRANCES AND EXITS**

- Are entrances and exits located in areas with high visibility? Are they well lit?
- Is / will the area, building (or parts of the building) be subject to isolation? If so, are there practices in place to enhance personal safety and security of people who must use the area during those times?
- Is there more than one main route / exit through well-traveled areas, into and out of buildings?

#### **VISIBILITY**

- Does layout of the site and building(s) provide for maximum visibility of the street and parking areas, paths and walkways?
- Does the building interior contain sharp corners, isolated areas?
- Are there any structures, landscaping, vegetation, corners, ditches, vehicles, or signs that would impede visibility?
- Is the lighting adequate? How has this been determined?
- Is the lighting bright enough (without being too bright or causing glare), is it evenly spaced and unobscured by landscaping or fences?
- How well does lighting illuminate parking lots, pedestrian walkways, sidewalks, directional signs and maps? Is lighting adequate for someone to see another person 20 metres away?

#### **SIGNAGE**

- What signage is needed to serve all users? Does it provide necessary information?
- Does signage direct people with disabilities to accessible entrances? Is it located properly? (e.g., so that it is visible to someone in a wheelchair?)
- Is the lettering large enough to read, easy to understand? Are there visual symbols?
- Are transportation points clearly indicated? (Taxi stands, bus stops, paratransit?)

#### **LANDSCAPING**

- Is landscaping designed to provide a balance between visibility and aesthetics?
- Is the landscaping designed to be user friendly? (E.g., community gardens, etc.)

#### **MAINTENANCE**

- How will the area / building be maintained?
- Who will be responsible for removing graffiti, repairing vandalism? Will this be done promptly?
- Will there be information posted to tell people how to report problems?

#### **MANAGEMENT AND SECURITY**

- How is the area or building monitored? (management staff, police, security staff, etc.)
- Are managers aware of personal safety concerns for women and children? What strategies are in place to ....?
- Where buildings are used by businesses and services, are there personal safety measures and programs in place?
- How far away is the nearest emergency service? (alarm, personnel, emergency telephone) Is the area patrolled by security, police, or neighbourhood watch?

# COWICHAN REGION COMMUNITY SAFETY LENS FACT SHEET #4: COMMUNITY AND SOCIAL INFRASTRUCTURE

'Social infrastructure' is the range of activities, organisations and facilities supporting the formation, development and maintenance of social relationships in a community."

A healthy social infrastructure is critical to the quality of life for residents. This is achieved through ensuring there are adequate, accessible supports such as social housing, community meeting space, affordable recreational facilities, employment and training programs, quality child care, family and youth programs, health facilities and food security programs.

Equally as important is the ability of people to work together, and to ensure a voice for all. A strong neighbourhood is socially inclusive. It is one where people are able to participate in decision-making and address issues that affect their quality of life.

Social inclusion is described as a feeling of belonging, acceptance and recognition and is intertwined with issues of diversity, equality, opportunity, and democratic participation.

(Infrastructure Canada. Inclusive Communities And The Role Of Strong Infrastructure <a href="http://www.infrastructure.qc.ca/research-recherche/index\_e.shtml">http://www.infrastructure.qc.ca/research-recherche/index\_e.shtml</a>

#### COMMUNITY SERVICES, TRAINING AND RECREATION

There are many community services in the Cowichan Region. However, they are not always accessible to everyone. This can be due to a number of factors such as lack of resources, location, lack of transportation, language or perceptions around access or culture.

Localized and neighbourhood-level programming is important for building community; it is also essential for individuals and families experiencing obstacles to affordability and mobility. When considering new development, it is important to assess availability and adequacy of local or neighbourhood-based community services, such as:

- personal and family support programs
- parenting programs
- children's programming
- youth counselling, youth outreach, youth centres
- quality, affordable child care
- food security programs
- cultural and diversity programs
- substance abuse programs
- seniors supports
- education and training opportunities
- no or low cost recreation programs

<sup>&</sup>lt;sup>5</sup> Voluntary Works. What is Social Infrastructure? <a href="http://www.voluntaryworks.org.uk/Portal/MKSMGrowthAreaand Social Infrastructure.asp">http://www.voluntaryworks.org.uk/Portal/MKSMGrowthAreaand Social Infrastructure.asp</a>

- 1. Are there adequate, accessible, affordable community services and programs in the area?
- 2. Are services linked to transportation systems and/or are there subsidies and assistance available?
- 3. How can the planned development contribute to enhancing community services?

#### AFFORDABLE HOUSING AND COMMUNITY SPACES

Safe and affordable housing is critical in itself. It is also critical to obtaining and maintaining employment, supporting the needs of families, and providing security for children and seniors. When considering new residential development, it is important to assess how our goals for housing are being met, and if new development can contribute to meeting current and future needs.

- Does planned residential development respond to known needs for affordable housing?
- Does planned residential development consider provision of accessible community spaces and facilities for recreation, localized services, neighbourhood groups, etc.?

#### NEIGHBOURHOOD BUILDING

Strong neighbourhoods can foster safety and resiliency for the most vulnerable. Community building efforts can help bring people together to address issues and build positive solutions. It is also important to foster neighbourhood and civic involvement to promote a shared sense of responsibility. Ways to foster involvement include:

- Foster grass roots neighbourhood groups
- Identify and/or provide accessible, informal, friendly gathering and meeting spaces
- Provide resources for community events
- Sponsor a neighbourhood newsletter
- Promote community gardens
- Initiatives like Block Watch and Emergency Planning (PEP) can also foster neighbourhood-based activities.

#### **APPENDIX A: COMMUNITY RESOURCE LIST**

#### **COMMUNITY COMMITTEES AND ORGANIZATIONS**

- CVRD Community Safety Advisory Committee
- Cowichan Valley Safer Futures Program
- Social Planning Cowichan
- Cowichan Family Life Association
- Cowichan Women Against Violence Society
- Community Options Society
- Canadian Mental Health Association
- Cowichan Valley Independent Living Association
- Cowichan Valley Association for Community Living
- Cowichan Valley Basket Society
- Mill Bay Food Bank
- VIHA: Margaret Moss Health Centre
- Cowichan Valley Intercultural and Immigrant Aid Society
- House of Friendship
- Volunteer Cowichan
- Community Policing
- RCMP Crime Prevention Unit
- Lake Cowichan Community Services
- Ladysmith Neighbourhood Centre

#### **APPENDIX B:**



#### **PUBLIC SAFETY POLICY**

#### 1. STATEMENT OF PRINCIPLE AND PURPOSE

The Cowichan Valley Regional District recognizes that violence is an insidious problem with devastating costs that affects all residents and that violence against any person is unacceptable. Moreover, the District recognizes that one of the groups most at risk of being abused is women and that among women, the most vulnerable groups are visible minorities, aboriginal women arid women with disabilities. The Cowichan Valley Regional District recognizes a need to demonstrate leadership to achieve equality and end violence, and commits to ongoing efforts to prevent violence in our community.

#### 2. GOAL STATEMENT

It is a goal of the Board to promote communities where all people can freely use public spaces, day or night, without fear of violence, and where people including women and children and persons with special needs, are safe from violence. Accordingly, the Board shall;

- a) Ensure that all CVRD programs and policies support personal and public safety, and
- b) Adopt development guidelines respecting issues of safety and security and apply those guidelines in its review of Official Community Plans and development proposals.

#### 3. POLICY

The Cowichan Valley Regional District shall promote safety and security in public places, including streets, parks and open spaces, schools, public transit and public parts of buildings. To encourage public safety and security for all persons, but with particular attention to women children and persons with special needs, the Board will;

- a) Encourage improvement in public safety and security in approvals of buildings, streetscaping, parks and other public and private open spaces;
- b) Encourage the design and siting of new buildings to provide visual overlook and easy physical access to adjacent streets, parks and open spaces and to allow clear views to parks and open spaces form the street:
- c) Encourage appropriate lighting, visibility and opportunities for informal surveillance for buildings and open spaces:
- d) Encourage improvement of existing streets, buildings, parks and other publicly accessible areas, where existing conditions do not promote public safety and security.

#### 4. IMPLEMENTATION STRATEGY

#### Address:

- Ongoing implementation of safety audit recommendations, planning and development review, policy within the CVRD Structure.
- Provision of ongoing education and information for staff and program development.
- Provision of information to the public
- Ongoing support and partnerships with violence prevention organizations.

#### **Determine**

- Staff responsibilities, material requirements such as:
  - Administrative Co-ordination and Assistance
  - Planning and Technical Assistance
  - Human Resources (employment practices, staff training)
  - o Communications, Public Information
  - Materials and Resources (information kits, brochures)
- Options for funding and community partnerships i.e. National Crime Prevention Centre