



Program Guidelines: Family Curling League

Our primary focus is to ensure the safety of staff and program participants. In order to provide the highest level of care and safety, CVRD will follow guidelines set out by WorkSafeBC, Public Health, viaSport, CurlingBC, and BCRPA. We ask that you strictly adhere to the guidelines and directions provided to you.

Admission and Registration:

- All participants must register in advance by phone, in person, or online at: www.reccowichan.ca (Drop-in spaces are not offered)
- Prior to attending each session, you must screen yourself to ensure that your attendance to the facility is appropriate. Please ensure that you or someone in your household is not experiencing the following conditions:
 1. Showing signs or symptoms of respiratory infection, such as cough, shortness of breath, or sore throat
 2. Experiencing a fever with a temperature of 38C or higher, or taken any fever reducing medications in the last 12 hours
 3. Experiencing any flu-like symptoms including diarrhea in the last 24 hours
 4. Travelled outside of Canada in the last 14 days
 5. Been in contact with anyone who has displayed symptoms of COVID-19 in the last 14 days
- If you are experiencing any of the above conditions please stay home.

At the Facility:

- **You are encouraged to wear a mask when you are entering and exiting the facility, using the washroom, and accessing common areas within the facility.**
- Players must arrive no earlier than 15 minutes prior to the program start time.
- Players will enter through the curling main entrance beside the office.
- Players to sanitize or wash their hands upon arrival at the facility, there are sanitization stations at the entrance to the curling rink.
- Players will check in with organizers.

- Players will select a chair in the curling lounge for use while preparing to participate. Please do not switch chairs or rearrange the chairs.
- Please maintain a 2-meter physical distance from others outside of your bubble while entering the building and in the dressing area

Game:

- Participating in a family group or with team members that are part of your social bubble is an excellent and safe choice.
- Guidance from viaSport and CurlingBC suggest that it is appropriate to join a team of curlers that are outside of your social bubble as long as physical distancing and game modifications are taken into consideration. Please ensure that you continue to maintain 2 metres of physical distance between yourself and team mates. Organizers will provide guidance on game modifications.

Equipment

- The Kerry Park Curling Club has provided equipment for your use during Family Curling League. The equipment has been sanitized for your safety.
- At the end of each session, the equipment that you used including rocks, brooms, aides, footwear must be sanitized. Please defer to organizers for procedure on sanitizing. If you are unsure, ask.

Other Safety Notes

- The use of a helmet is always recommended on the ice.
- Helmets are mandatory for children.
- Masks are not required while in the facility. If you choose to wear a mask, you must still adhere to physical distancing guidelines. Those that are participating in physical activity and sport are directed to monitor themselves to ensure that the mask does not interfere with effective respiration.

Departure:

- Players are required to exit the building within 10 minutes upon completion of their scheduled activity. Please maintain a 2-meter physical distance while exiting the building. You may exit via the main curling entrance or into the parking lot from the Curling Lounge.

Note:

Family Curling League Guidelines are subject to change.

Players must be respectful of the session supervisor who is there to monitor these guidelines, provide guidance in the sport of curling and to promote curling. Session supervisors are valued volunteers with significant coaching experience and enthusiasm for the sport. Players that are not able to follow the guidelines will be asked to leave the facility and may ask speak to a Kerry Park Recreation Centre staff member during the next business day.

