

# THE KINSOL TRESTLE



## PARK RULES AND REGULATIONS

All CVRD parks are open from Dawn to Dusk and no overnight camping is allowed. Please keep your dog on a leash where posted and “scoop the poop” out of respect for other park visitors who also use and enjoy the park. Walking on designated trails helps minimize damage to fragile plants and disturbances to the smaller animals that live in our parks and please, no motorized vehicles. Use extreme caution during fire bans to prevent forest fires. Open fires are not permitted in any of our Parks.

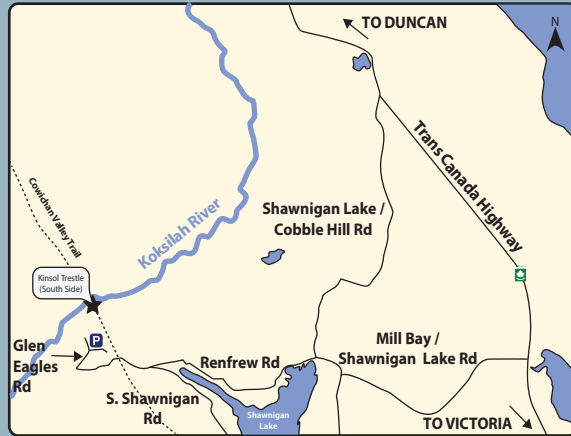
Enjoy your visit but please respect your park and pack out what you pack in so the next visitor can enjoy the same natural experience.

For an emergency please call 911 or for weekend or after hour park emergencies please call 250-715-9191. For more information about our park regulations please refer to CVRD Parks Bylaw #738.



**For more information, contact the CVRD Parks and Trails Division.**

175 Ingram St  
Duncan, BC V9L 1N8  
250-746-2620  
parks@cvrd.bc.ca  
[www.cvrd.bc.ca](http://www.cvrd.bc.ca)



## HOW TO GET TO THE PARK:

### FROM DUNCAN

1. Head South on the Trans Canada Highway.
2. Turn right off the highway onto Shawnigan Lake - Cobble Hill Road.
3. Follow this road down to the T Junction. Turn Right onto Renfrew Road.
4. Stay on Renfrew Road.
5. Turn Right onto Glen Eagles Road.
6. The Parking lot for the Cowichan Valley Trail to the Kinsol Trestle is on the corner of Glen Eagles Road and Shelby Road.

### FROM VICTORIA

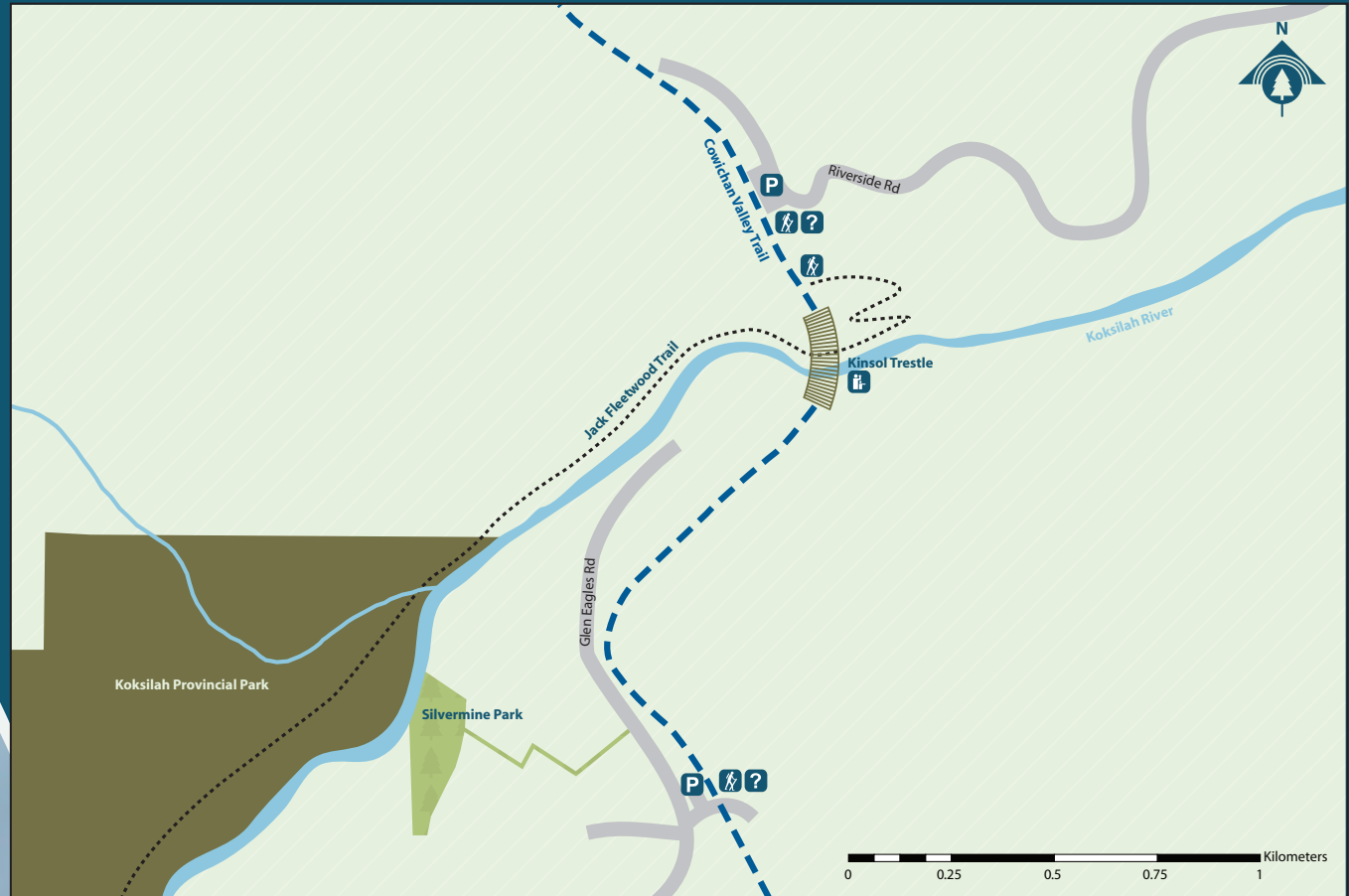
1. Head North on the Trans Canada Highway.
2. Turn left off the highway onto Mill Bay/Shawnigan Lake Road.
3. Follow this road into Shawnigan Village. Turn Right onto Shawnigan Lake Road that turns into Renfrew Road.
4. Stay on Renfrew Road.
5. Turn Right onto Glen Eagles Road.
6. The Parking lot for the Cowichan Valley Trail to the Kinsol Trestle is on the corner of Glen Eagles Road and Shelby Road.

# WELCOME TO THE KINSOL TRESTLE

The rehabilitation of the Historic Kinsol Trestle was a joint project of the Cowichan Valley Regional District, the Government of Canada, and the Province of British Columbia. Major project sponsors included the Island Coastal Economic Trust, the Trans Canada Trail, the Cowichan Foundation and numerous local businesses, community groups and citizens.

Efforts are underway to complete the remaining sections of the Cowichan Valley Trail route through the Region, which will eventually connect to the Galloping Goose Trail in the Capital Regional District and to Nanaimo Regional District's section of the Trans Canada Trail. Once fully in place, the 122 km (75.8 mile) route will link communities across the region as a world-class, uninterrupted trail experience for use and enjoyment by residents and visitors alike.

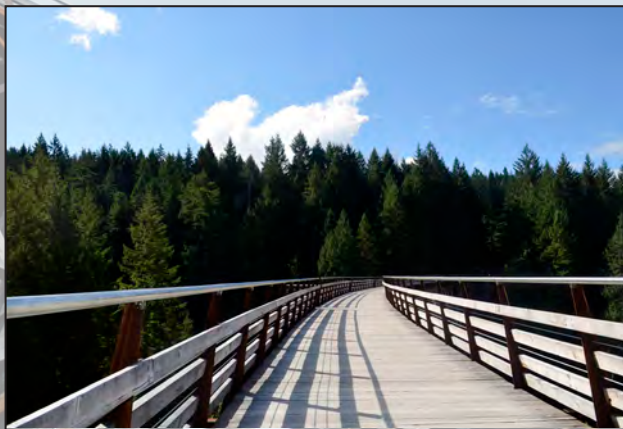
The Kinsol Trestle is one of eight trestles along the Cowichan Valley Trail route and by far the largest and most spectacular. It is one of the tallest free-standing timber rail trestle structures in the world. At 614 feet in length and standing 145 feet above the salmon bearing Koksilah River, the Kinsol Trestle is an incredible structure and was worth preserving. The CVRD now manages the park as part of the Regional Parks Program.



## Kinsol Trestle

Regional Park - Electoral Area C - Cobble Hill

- Parking
- Private Property
- Provincial Park
- Trail Access
- CVRD Regional Park
- Road
- Information
- CVRD Park
- Community Trail



### PICNIC AND A VIEW

Stop at one of the various picnic locations for a view that is hard to beat. Located at the base of the trestle, you can see the trestle stretch into the trees over top of the river.



### OLD AND NEW ALIKE

Although the Kinsol Trestle has been rehabilitated, the engineers still kept part of the original trestle work. Just above the river is a span of the old wood used to make the Trestle.