



Kerry Park Recreation Centre

Rink Rats Hockey Skills

Parent Guidelines during COVID-19

Our primary focus is to ensure the safety of staff and children attending our programs. Additional health and safety precautions have been put in place to minimize the risk at our facility. In order to provide the highest level of care and safety, CVRD will follow guidelines set out by WorkSafeBC, Public Health, viaSport, and BCRPA. We ask that you thoroughly read and strictly adhere to these guidelines to assist us in minimizing risk.

Attendance Prerequisite

In order to minimize physical contact between children and staff and encourage physical distancing, it is imperative that your child is able to adhere to these guidelines in order to attend.

IMPORTANT: Children must be physically capable of falling down onto the ice, raising themselves up from the ice and moving on the ice under their own power. Basic skating skills are required for this program. Staff will not be able to provide physical support during the lesson.

Screening

Parents will be expected to screen their child and immediate family within the household prior to arriving at the program. Staff will be required to ask parents the following screening questions prior to your child attending:

Is/has your child or anyone in your family:

1. Showing signs or symptoms of respiratory infection, such as cough, shortness of breath, or sore throat?
2. Experiencing a fever with a temperature of 38C or higher, or taken any fever reducing medications in the last 12 hours?
3. Experiencing any flu-like symptoms including diarrhea in the last 24 hours?
4. Travelled outside of Canada in the last 14 days?
5. Been in contact with anyone that has displayed symptoms of COVID-19 in the last 14 days?

Entry will be denied to any person, including the child, if any member of the household is experiencing any of the above. If a staff member or child displays any symptoms of illness while in the program, they will be expected to leave immediately.

Entering and Exiting the Facility

- Adults and children ages 12 and up are required to wear a mask when are entering and exiting the facility, using the washroom, and accessing common areas within the facility. Masks are recommended for children ages 2 - 11 years. Participants may remove their mask for the on-ice portion of the session.

- Entry will be through the main arena doors.
- Only arrive up to 15 minutes early for your session.
- Please arrive fully dressed and prepared for skating (excluding helmet and skates).
- One parent or guardian will be permitted to enter with the registered child to assist them with tying skates in the warm room. Due to strict facility capacities, no other family members are able to enter the facility.
- Please exit via the exterior warm room doors.

Spectators

- A parent or guardian is permitted to enter the warm room to tie the child's skate and then must depart for the rest of the session.
- An exception is made for parents of children 6 and under. A parent may remain in the building to provide care. Note that this may change based on further instruction.

Hygiene and Handwashing

Children and families are required to follow appropriate hand hygiene protocols. Handwashing will occur:

- Upon arrival and before departure
- Before and after eating and drinking
- After using the toilet
- After sneezing, coughing or wiping away secretions
- Whenever their hands are visibly dirty

IMPORTANT: Please note that falling and nervousness in skating lessons are normal and can illicit some tears. The coldness on the ice may also cause a runny nose. Please remind your child not to wipe their face with their gloved hands as they may not be able to continue the lesson with soiled gloves.

Physical Distancing in a Children's Program Setting

Understandably, physical distancing is challenging in a children's program setting. The focus in children's program settings is to **minimize physical contact**. Staff will use creative ideas and split children into smaller groups for activities in order to encourage physical distancing, but strict distancing will not be enforced.

Agreement to these Guidelines

After you have reviewed these guidelines, please sign and return the COVID-19 Assumption of Risk and Permission Form. Please be aware that the health and safety of staff and children is our priority. Children who are unable to follow these guidelines will not be able to attend the program and you may be called and asked to pick up early.