



Shawnigan Lake Community Centre

Participant Guidelines for Toonie Tots

In order to provide the highest level of care and safety, CVRD will follow guidelines set out by WorkSafe BC, Public Health, and BCRPA. We ask that you strictly adhere to the guidelines and directions provided to you.

Prior to attending your session you must follow through with the following steps.

- ☐ Assess your personal risk to ensure that attending a public recreation program is in your best interest. You may seek to ask your health care provider what is right for you.
- ☐ Review the provided guidelines for your program or activity (below).
- ☐ Register for your program and submit the COVID-19 Assumption of Risk and Permission Form.
- ☐ Prior to the start of each session screen yourself to ensure that your attendance to the facility is appropriate.

Screening Questions: Is/has the participant or anyone in your family:

1. Showing signs or symptoms of respiratory infection, such as cough, shortness of breath, or sore throat?
2. Experiencing a fever with a temperature of 38C or higher, or taken any fever reducing medications in the last 12 hours?
3. Experiencing any flu-like symptoms including diarrhea in the last 24 hours?
4. Travelled outside of Canada in the last 14 days?
5. Been in contact with anyone who has displayed symptoms of COVID-19 in the last 14 days?

Entry will be denied, if any member of the household is experiencing any of the above, please discuss any concerns with programs staff or your instructor.

Shawnigan Lake Community Centre Arrival/Departure

- **Masks are mandatory in all common areas within our facilities, including when you are entering and exiting the facility and using the washroom.**
- **Masks required for ages 12 and up**
- Masks **recommended** for ages 2 - 11
- Masks **not recommended** below the age of 2
- Enter through the main front doors, sanitize or wash your hands and proceed directly to the Gymnasium where you will be screened and signed in by our attendant.
Following your class, sanitize or proceed to the washroom and wash your hands, exit the building via the loading zone doors beside the Multipurpose Room, or the rear gym doors.

Attendance Prerequisite

- All patrons must pre-register to come to Toonie Tots. Pre-registration can be done online or via the phone (250.743.1433).
- Membership is required to attend the session, membership is free.
- All participants must complete the assumption of risk and informed consent form and be registered prior to attending the class. Please read the Participant Guidelines which can be found at www.cvr.bc.ca/3307/Shawnigan-Lake-Community-Centre-COVID-19
- Registration can be completed online at www.reccowichan.ca or by calling Shawnigan Lake Community Centre at 250.743.1433.
- To view our how-to guide to create an account and register online visit our website https://www.cvr.bc.ca/DocumentCenter/View/97938/HowTo_CreatingAccountAndPreRegisteringForDr opIn or call us at 250.743.1433.
- If you have a punch pass with punches still available please bring it to our office and we will load the balance onto a gift card that can be used for online registrations. We can also reload your gift card for convenient online registration.
- Maximum number of registrants per session is 15. Only children count as registrants.
- It is preferred that children be accompanied by one adult during the program if possible. If more than one child of the same family is attending 2 adults may come, maintaining a 1:1 ratio of child to adult is preferred at this time.
- Patrons must agree to abide by safety and facility guidelines. Failure to do so may result in being asked to leave the facility.

Program Guidelines

- Parents must wear a mask and maintain 3 meters of physical distance from all other participants other than their own children. It is the parent/guardian's responsibility to maintain physical distancing.
- There will be no sharing of personal belongings. Limit the number of personal items that you bring with you, please use a chair for your personal items, placed 10 ft apart, along the wall of the gym.
- Please bring your own water bottle as public drinking fountains are not available at this time.
- The lobby waiting area is currently closed.
- Arrive only a few minutes prior to your session.
- Follow all posted directional and instructional signage and respect posted program and facility capacities.
- It is expected that instructors and participants will only access parts of the building required for their permitted activities and will do so via the access points described (unless obstructed).
- Minimize the items and surfaces that you must touch.
- Practice appropriate respiratory and hand washing hygiene.
- Only program participants and parent/caregiver may enter the gymnasium.
- An attendant will screen and sign in all participants prior to entry and will be in the gym only to assist program facilitation.
- Sanitization of equipment will take place prior to and following the program. No sanitization will take place during the program itself.
- There will be reduced equipment and tumbling mats to help minimize shared equipment and touch points.

Physical Distancing in a class setting

Understandably, physical distancing is challenging in an active program setting. The focus in a program setting is to **minimize physical contact**.