



Kerry Park Recreation Centre

Highlighters Skills & Drills

Guidelines During COVID-19

In order to provide the highest level of care and safety, CVRD will follow guidelines set out by WorkSafe BC, Public Health, and BCRPA. We ask that you strictly adhere to the guidelines and directions provided to you.

Prior to attending your session you must follow through with the following steps.

- ☐ Assess your personal risk to ensure that attending a public recreation program is in your best interest. You may seek to ask your health care provider what is right for you.
- ☐ Review the provided guidelines for your program or activity (below).
- ☐ Register for your program and submit the COVID-19 Assumption of Risk and Permission Form.
- ☐ Prior to the start of each session screen yourself to ensure that your attendance to the facility is appropriate.

Screening Questions: Is/has the participant or anyone in your family:

1. Showing signs or symptoms of respiratory infection, such as cough, shortness of breath, or sore throat?
2. Experiencing a fever with a temperature of 38C or higher, or taken any fever reducing medications in the last 12 hours?
3. Experiencing any flu-like symptoms including diarrhea in the last 24 hours?
4. Travelled outside of Canada in the last 14 days?
5. Been in contact with anyone who has displayed symptoms of COVID-19 in the last 14 days?

Entry will be denied if any member of the household is experiencing any of the above. Please discuss any concerns with programs staff or your instructor.

Location: Kerry Park Sports Field Complex - Field A

Arrival/Departure

- Please arrive no earlier than 10 minutes prior to your session.
- Please enter through the gate at north end of parking lot that enters directly on to Field A.
- Masks are recommended for participants and parents/guardians but are not mandatory if 2 m physical distancing can be maintained.
- Only one parent/guardian to accompany participant to session. Siblings and extended family members should not be brought to the facility.
- Instructor to perform a verbal health screening and take attendance. All participants need to sanitize hands when entering the field. Parents not to enter the field.
- Please bring your own water bottle as water fountains are not in use.
- Participants can store their belongings along the fence line, spaced out appropriately. The dugouts can be used if it is wet or raining.
- No spectators permitted. Parents to leave the facility during session.
- Parents to return to the field entrance 5 minutes before the end of the session to collect their child from Field A and exit the facility together.
- All players and coaches to sanitize hands and leave facility right after their session.

During Program

- Sport is currently in Phase Two, which mean no games or scrimmage play is permitted.
- Focus will be on skill building and modified activities that follow the 3 m physical distance guidelines.
- No shared equipment between players. Lacrosse balls will only be touched with sticks or with gloved hands. All provided equipment such as sticks, balls, cones, and nets will be sanitized before and after each session.
- Please respect posted program and facility capacities and follow facility signage.
- Coaches and players to maintain physical distance between themselves.
- Minimize the items and surfaces that you must touch.
- Practice appropriate respiratory and hand washing hygiene.
- The Sports Field's wash rooms will be available for use as needed.